

Tips and tricks to ensure compliance among your patients

Your patient's preference

Finding out each patient's treatment preferences increases compliance and therefore maximizes treatment efficacy and safety. Investigate the following preferences:

- Administration route and equipment (pump for example)
- Treatment location (home or hospital)
- Treatment frequency (from daily to monthly)
- Day and time of treatment (particularly relevant for home-treatment)

Educate your patient

Thorough education about the disease, the importance of the prescribed medication, and health-related quality life improvements is crucial for compliance.

Partnership

Developing a partnership with your patients to empower them to self-manage their disease. Also, providing the patient with a single point of contact (i.e. one nurse or small group of nurses) to contact for questions and emergencies.

Great experience

Doing your best to make the first infusions comfortable encourages your patient for the future. See to minimize any discomfort, build a relationship with your patient by spending time having tea or coffee, for example, and provide any support required.